



Flying into the future

13 May 2010

Term Two - Newsletter Four

Dear Parents and Caregivers

Congratulations to all our participants who ran the Cross Country yesterday. The weather looked threatening all morning and we had hoped we were lucky enough to get through the event dry, however the rain began once we started the event. Despite this everyone put in a top effort and it was wonderful to see so many parents come along and support this, it really had a 'country' feel about it.

The Lower Waipa School Cross Country will be held on Wednesday May the 19th. A selection of our students will be going to this event. It would be appreciated if parents could help with transport and Marshaling. Please let the office know if you are able to do this. Thank you.

Questionnaire

Enclosed with today's newsletter is a double sided questionnaire for all Parents or Caregivers to complete by Monday. We value your comments so please take the time to complete this and return it to the office. Thank you.

Board of Trustees Election

Votes for the Rukuhia School Election will be counted on Sunday and we hope to have a result to announce on Monday. Best of luck to all our standing candidates!

Thank you

To Grandma Phillips, Malcolm Eynon and Rebecca Bennett who have made a start delivering posters for the Fieldays. These really need delivering in the next 10 days so please let us know if you can spare some time to do this. We still need to deliver to: Morrinsville, Te Aroha, Thames, Ngaurawahia, Hamilton City, Te Awamutu, Te Kuiti, Taumarunui, Cambridge, Tirau, Putaruru and Tokoroa.

Welcome

To Emma Watson who started in Room this week.

Crazy Hair Day—Friday 21st May

In support of the Westpac Waikato Air Ambulance, Rukuhia School are having a CRAZY HAIR DAY on Friday 21st May. It would be fantastic if a small donation could be given to the Air Ambulance so please bring along a gold coin. The helicopter may fly over any registered school, so fingers crossed they may come to ours. There will also be a sausage sizzle on this day.

Coffee Mornings / Playgroup

We have a number of parents wanting to start a social meeting group up in the Community Hall this term. Pre schoolers will be able to play and parents will be able to have a coffee and chat during this time. (approx 10.00 am—11.30 am). If you would like to come along, please express your interest to the office and indicate what days are more suitable for you. We will announce shortly when it will start and what day suits most.

Netball Practice

A parent has offered to work with any children aged 5-7 on their ball skills for netball. This will help those children who have an interest and would like to play netball in the future. If your child is interested please let the office know and we will get back in touch with you when this will start and what day it will be on.

Produce Stand

Thank you to the Fitzgeralds for topping up our produce stand with apples. Please remember to drop off your surplus home grown veggies and herbs. Thank you.

School Sores (Impetigo)

There are a few children at school with sores. School sores is an infectious disease and NEEDS antibiotics to remedy this. If your child has sores—please seek medical advice. We appreciate your help with this.

Reminders

Please check your child's uniform labels. We seem to have a few lost, named items, particularly sweatshirts. Still a number of families with outstanding money for chocolate Easter Eggs. Outstanding amounts for this will be put on the school account. An option is to make regular payments by internet banking, this may make things more manageable.

- Name your school uniforms
- Complete the enclosed questionnaire
- Collect Yummy Stickers
- Chocolate Egg Money

Country Day / Group Day

Dates were confirmed for these events at the recent AGM. Rukuhia will hold Country Day on MONDAY 18th October and Group Day will be held on Friday 22 October at Nghinapouri School. More information about Country Day will be coming shortly.



Put on your Calendar these Coming Events...

14	May	Assembly
19	May	Interschool Cross Country
20	May	BOT Meeting
21	May	Crazy Hair Day
28	May	Assembly
7	June	Queen's Birthday
11	June	Assembly
2	July	Last Day Term 2
19	July	Term 3 commences
5	August	Year 7&8 Immunisations
13	August	School Photographs
24	Sept	Last Day Term 3
11	October	Term 4 commences
18	October	Country Day
22	October	Group Day
25	October	Labour Day

Rukuhia School

A quality educational community where meaningful learning is paramount and supported by our people, environment and values.

Community Notices

St Paul's Collegiate School

Entrance Scholarship Examinations

Any Year 8 male students considering St Paul's as a High School option, may want to apply for a scholarship. This will require an examination to be held on Saturday 12th June 2010. Application form is available at the Rukuhia School Office or for further information contact: Jennifer Purvis 07 957 8830 or email J.purvis@stpauls.school.nz

ATTENTION FARMERS!!

Win ONE of FOUR computers for our school with PGG Wrightson & Balance

PGG Wrightson & Balance Agri-Nutrients are delighted to be able to help rural schools with a fundraising opportunity through their GOLD STAR give back promotion. Any farmer who purchases selected Balance fertilizer from PGG Wrightson between March 1 – May 31 2010 will be able to enter their school of choice in a draw to win one of four HP computers. Also, \$2 cash on every one sold will go to the school to help with fundraising. All the farmer has to do is nominate which school he wants to support at the time of ordering.

Farmers

Remember to register Rukuhia School With AFFCO for your rural school choice

How to read a NIP (Nutrition Information Panel)

Three rules to follow when reading NIP's.

1. When comparing two products always look at the 100g column
2. Think about what nutrients you would be concerned about being too high in that 'type' of product. E.g. snack bar = fat and sugar
3. Choose the product with the least amount of those nutrients

	Per 100g
Energy	1730kJ
Protein	5.6g
Fat - Total	14.6g
- Saturated	7.2g
Carbohydrates	84.4g
- Sugars	32.6g
Sodium	270mg

School Accounts

Account details if paying by Internet Banking:
Name of Account:
 FOR RUKUHIA SCHOOL
Account Number:
 020316 012651 00
Note:
 Use your surname as a reference so we can identify your payment. Thank you